

# IT'S A LOT



**POOR =  
FREELOADER  
VOLUNTEER**

**FEEL THE  
WEIGHT  
OF YOUR  
PREJUDICES**

People living in poverty are already under a considerable amount of pressure.  
**DON'T BURDEN OTHERS  
WITH YOUR PREJUDICES.**

With the financial support of :

Québec 

In partnership with the Alliances pour la solidarité  
and the ministère du Travail, de l'Emploi et de la Solidarité sociale

